

# Ready for School. Set for Life.

Partnering with parents and families to help all children, ages birth to 5, stay healthy and succeed in school.



## Parent Guide to First Things First Funded Programs in Yavapai Region

## Contact

### *Do you have parenting questions or need advice?*

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

#### **Southwest Human Development**

1-877-705-KIDS (5437)

### *Are you a parent or caregiver looking for resources and support?*

These home visitation programs give young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

#### **Parents as Teachers**

#### **Arizona's Children Association**

1-888-771-3435 X 2026

#### **Nurse Family Partnership**

(For first-time parents only)

#### **Yavapai County Community Health Services**

Prescott area: (928)-442-5478

Verde Valley area: (928)-634-6851

#### **Healthy Families**

(Prescott area only)

#### **Yavapai Regional Medical Center**

(928)-771-5651

#### **Verde Valley Medical Center Healthy Families**

(Verde Valley only)

#### **Verde Valley Medical Center**

(928)-639-6566

**Parent Education Community-Based Training**

Strengthens families with young children by providing voluntary classes in community-based settings.

**Teen Outreach Pregnancy Services**

(928)-772-5590

**Parenting Education Coalition**

(928)-708-0100

[www.parentsaz.org](http://www.parentsaz.org)

**The Little Kids Book**

A countywide resource guide for parents with young children.

**Yavapai County Community Foundation**

[www.yavapaikidsbook.org](http://www.yavapaikidsbook.org)

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*Are you seeking quality child care for your infant or toddler?*

**Quality First Child Care Scholarships**

Provides scholarships to children to attend quality early care and education programs.

**Valley of the Sun United Way Hotline**

1-866-973-0012

[www.azftfscholarships.org](http://www.azftfscholarships.org)

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**First Things First Yavapai Regional Partnership Council****For more information contact:**

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**Yavapai County and Sedona**